



Friends of the Lost Pines State Parks Welcome you to Summer Swim Lessons

We are looking forward to having a great summer of swimming fun and safety. Our goal is to provide an enjoyable experience in the water; and more importantly teach the skills needed for children to feel confident and stay safe around the water. You can check out our website at www.friendsoflostpines.org.

To ensure your child gets the most out of their lesson, please make sure they are ready to enter the water at least 5 minutes before their scheduled lesson time. We encourage parents to stay and watch their child's progress throughout their lesson. However, we are asking that parents stay in the grassy areas so that children are able to stay focused on their instructor and get the most out of each lesson. Parents of the Mom & Me swimmers are expected to be in the water and participating in the lesson with their child.

Required items to bring:

- Swimsuit
- Towel
- Sunscreen
- Water or Sports drink
- Hair bands/caps for long hair
- Goggles may be appropriate for some swimmers

We look forward to spending time with you and your child, and working together to make our children safer and more confident as they improve their swimming skills this summer.

Contact information:

Bastrop State Park pool: 512-321-3740

Mail: FLPSP, PO Box 1714, Bastrop, TX 78602

*-Friends of the Lost Pines State Parks is a non-profit organization.
Donations and memberships are gladly welcome-*